

MERIDEN NURSING & REHAB #56003 (HSG)

Week-At-A-Glance

hcsg2northern2021-22 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs 1/4 Cup Apple Cinnamon Muffin 1 Ea - Margarine 1 Ea	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Bacon 2 SI	Scrambled Eggs w/Cheese 1/4 Cup Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea	Western Scrambled Eggs 1/4 Cup Toast 1 SI - Margarine 1 Ea - Jelly 1 Ea	French Toast 2 SI - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea	Scrambled Eggs 1/4 Cup Ginger Pear Coffee Cake 1 Square - Margarine 1 Ea	Baked Cheese Omelet 1 Ea Breakfast Ham 1 Oz Toast 1 SI - Margarine 1 Ea - Jelly 1 Ea
Lunch:Regular						
Maple Sage Turkey 3 Oz - Poultry Gravy 2 Oz Garlic Baked Pork Chop 3 Oz Roasted Brussels Sprouts 1/2 Cup Sliced Carrots 1/2 Cup Bread Dressing 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Honey Glazed Pears 1/2 Cup	Italian Sausage 1 Ea Lemon Pepper Chicken Breast 3 Oz Parsley Cauliflower 1/2 Cup Seasoned Whole Kernel Corn (veg) 1/2 Cup Garlic & Rosemary Roasted Red Skin Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Upside Down Cake 1 Square	Baked Macaroni & Cheese 1 Cup Smothered Turkey Patty 3 Oz Stewed Tomatoes 1/2 Cup Sauteed Green Beans 1/2 Cup Mashed Potatoes 1/2 Cup Rosemary Dinner Roll 1 Ea - Margarine 1 Ea Cinnamon Brown Sugar Blondie 1 Square	Apple Glazed Sliced Ham 3 Oz Marinated Chicken Thigh 1 Ea Seasoned Beets 1/2 Cup Capri Vegetable Blend 1/2 Cup Candied Sweet Potatoes 1/2 Cup Parsley Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Scalloped Apples 1/2 Cup	Chicken Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Cheeseburger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Ketchup 1 Pkt - Pickle Spear 1 Spear Confetti Coleslaw 1/2 Cup Broccoli Salad 1/2 Cup Potato Chips 1 Oz Baked Beans 1/2 Cup Hearty Vegetable Soup 6 Oz - Saltine Crackers 1 Pkt Banana Cream Pie 1 SI	Shrimp Alfredo w/ 3 Oz - Spaghetti Noodles 1/2 Cup Kielbasa Sausage 1 Ea Winter Vegetable Blend 1/2 Cup Brussels Sprouts 1/2 Cup Oven Browned Potatoes 1/2 Cup Garlic Bread 1 Ea Tropical Fruit Salad 1/2 Cup	Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Herb & Lemon Fish Fillet 3 Oz Country Vegetable Blend 1/2 Cup Sauteed Spinach 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Egg Noodles 1/2 Cup Chocolate Cake w/ Peanut Butter Frosting 1 Square
Dinner:Regular						
Sweet & Sour Meatballs 3 Ea Herb Baked Fish Fillet 3 Oz Seasoned Green Beans 1/2 Cup Tossed Salad w/Dressing 1 Cup Steamed Rice 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Oatmeal Raisin Cookie 1 Ea	Breaded Pollock Fish Fillet on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Salisbury Steak 3 Oz - Brown Gravy 2 Oz Capri Vegetable Blend 1/2 Cup Green Peas 1/2 Cup Herbed Potato Wedges 1/2 Cup - Ketchup 1 Pkt Yellow Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peach Parfait 1/2 Cup	Crispy Breaded Chicken Thigh 1 Ea Mushroom & Cheese Quiche 1 SI Broccoli Florets 1/2 Cup Seasoned Spinach 1/2 Cup Hashbrown Casserole 1 Square Dinner Roll/Bread 1 Ea - Margarine 1 Ea Mandarin Oranges 1/2 Cup	Baked Ziti w/Meatsauce 1 Cup Egg Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Caesar Salad 1 Cup Marinated Cucumber Salad 1/2 Cup Potato Salad 1/2 Cup Garlic Breadstick 1 Ea Butterscotch Pudding 1/2 Cup	Beef Pepper Steak w/Gravy 3 Oz BBQ Pork Chop 3 Oz Peas & Carrots 1/2 Cup Seasoned Green Beans 1/2 Cup Buttered Rice 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Dinner Roll/Bread 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup	Grilled Turkey & Swiss Cheese Sandwich on Wheat 1 Sandwich Smothered Steak 3 Oz Creamy Cucumber & Onion Salad 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Vanilla Ice Cream 1 Ea	Cheese Ravioli w/Marinara Sauce 1 Cup Tuna Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Tossed Salad w/Dressing 1 Cup Marinated Mixed Vegetable Salad 1/2 Cup Potato Chips 1 Oz Garlic Bread 1 Ea Peach Crisp 1/2 Cup

MERIDEN NURSING & REHAB #56003 (HSG)

Week-At-A-Glance

hcsg2northern2021-22 Week 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs 1/4 Cup Glazed Cinnamon Roll 1 Ea	Biscuit 1 Ea - Sausage Gravy 3 Oz Hashbrown 1/2 Cup	Scrambled Eggs w/Cheese 1/4 Cup Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea	Apple Cinnamon French Toast Bake 1 Srv - Margarine 1 Ea - Syrup 1 Ea Bacon 2 Sl	Scrambled Eggs 1/4 Cup Breakfast Ham 1 Oz English Muffin 1 Ea - Margarine 1 Ea - Jelly 1 Ea	Egg & Hashbrown Bake 1 Square Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea
Lunch:Regular						
Rosemary Roast Beef Au Jus 3 Oz Rancher's Pork Chop 3 Oz Sliced Parsley Carrots 1/2 Cup Sautéed Spinach 1/2 Cup Baked Potato 1 Ea - Margarine 1 Ea - Sour Cream 1 Pkt Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Harvest Baked Apples 1/2 Cup	Thin Crust Cheese Pizza 1 Pc Hamburger Steak 3 Oz - Brown Gravy 2 Oz Garlic Green Beans 1/2 Cup Brussels Sprouts 1/2 Cup Seasoned Rice 1/2 Cup Italian Herbed Dinner Roll 1 Ea - Margarine 1 Ea Marble Cake w/White Frosting 1 Square	Balsamic Glazed Pork Loin 3 Oz Chicken Tenders 2 Ea - Honey Mustard 1 Ea Capri Vegetable Blend 1/2 Cup Broccoli Florets 1/2 Cup Garlic & Rosemary Roasted Red Skin Potatoes 1/2 Cup Parsley Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Spiced Pears 1/2 Cup	Roast Turkey 3 Oz - Poultry Gravy 2 Oz Salisbury Steak 3 Oz - Brown Gravy 2 Oz Roasted Brussels Sprouts 1/2 Cup Seasoned Spinach 1/2 Cup Sweet Potato Souffle 1/2 Cup Herbed Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pumpkin Cheesecake Bar 1 Bar	Homestyle Meatloaf w/Ketchup Glaze 4 Oz Grilled Cheese Sandwich 1 Sandwich Seasoned Green Peas 1/2 Cup Broccoli Florets 1/2 Cup Au Gratin Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Sliced Peaches 1/2 Cup	Baked Stuffed Fish Fillet 3 Oz Rosemary Chicken Breast 3 Oz Sautéed Spinach w/Garlic 1/2 Cup Sliced Carrots 1/2 Cup Rice Pilaf 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Tidbits 1/2 Cup	Baked Macaroni & Cheese 1 Cup Parsley Pork Chop 3 Oz Winter Vegetable Blend 1/2 Cup Roasted Beets 1/2 Cup Yellow Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Dutch Apple Pie w/Crumb Topping 1 Sl
Dinner:Regular						
Chicken Noodle Casserole 1 Cup Lemon Pepper Fish Fillet 3 Oz Buttered Green Peas 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Mashed Potatoes 1/2 Cup Herbed Dinner Roll 1 Ea - Margarine 1 Ea Snickerdoodle Cookie 1 Ea	Breaded Pollock Fish Fillet 3 Oz - Tartar Sauce 1 Pkt Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Calico Coleslaw 1/2 Cup Winter Vegetable Blend 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Macaroni Salad 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup	Cheese Lasagna 1 Square Smothered Turkey Patty 3 Oz Parmesan & Herb Roasted Cauliflower 1/2 Cup Sliced Carrots 1/2 Cup Mashed Potatoes 1/2 Cup Garlic Bread 1 Ea Butterscotch Pudding Parfait 1/2 Cup	BBQ Pork on a Bun 1 Sandwich Rotisserie Chicken Thigh 1 Ea Pickled Beets Salad 1/2 Cup Seasoned Cabbage 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt Buttered Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Tropical Fruit Salad 1/2 Cup	Chicken Parmesan w/ 3 Oz - Spaghetti Noodles 1/2 Cup Garlic Baked Pork Chop 3 Oz Sautéed Green Beans 1/2 Cup Parsley Cauliflower 1/2 Cup Oven Browned Potatoes 1/2 Cup Breadstick 1 Ea - Margarine 1 Ea Lemon Cake w/Lemon Icing 1 Square	Turkey & Cheese Hoagie 1 Sandwich - Lettuce & Tomato 1 Plate - Mayonnaise 1 Pkt Vegetable Quiche 1 Sl Creamy Cucumber & Onion Salad 1/2 Cup Tossed Salad w/Dressing 1 Cup Potato Chips 1 Oz Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Ice Cream 1 Ea	Salisbury Steak 3 Oz - Brown Gravy 2 Oz Smothered Turkey Patty 3 Oz Whole Kernel Corn (veg) 1/2 Cup Capri Vegetable Blend 1/2 Cup Mashed Potatoes 1/2 Cup Herbed Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup

MERIDEN NURSING & REHAB #56003 (HSG)

Week-At-A-Glance

hcsq2northern2021-22 Week 3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs 1/4 Cup Apple Cinnamon Muffin 1 Ea - Margarine 1 Ea	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Bacon 2 Sl	Scrambled Eggs w/Cheese 1/4 Cup Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea	Western Scrambled Eggs 1/4 Cup Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea	French Toast 2 Sl - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea	Scrambled Eggs 1/4 Cup Cranberry Orange Coffee Cake 1 Square - Margarine 1 Ea	Baked Cheese Omelet 1 Ea Breakfast Ham 1 Oz Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea
Lunch:Regular						
Hawaiian Baked Ham 3 Oz Lemon Pepper Chicken Breast 3 Oz Brussels Sprouts 1/2 Cup Buttered Whole Kernel Corn (veg) 1/2 Cup Whipped Sweet Potatoes 1/2 Cup Parmesan Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Carrot Cake w/Cream Cheese Frosting 1 Square	Chicken Alfredo w/ 1/2 Cup - Spaghetti Noodles 1/2 Cup Smothered Steak 3 Oz Broccoli Florets 1/2 Cup Spinach 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Peanut Butter Cookie 1 Ea	Shepherd's Pie 1 Cup Garlic Baked Pork Chop 3 Oz Sliced Parsley Carrots 1/2 Cup Parsley Cauliflower 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Spiced Peaches 1/2 Cup	Turkey w/Cranberry Glaze 3 Oz Spinach & Cheese Quiche 1 Sl Herbed Green Beans 1/2 Cup Brussels Sprouts 1/2 Cup Sage Bread Dressing 1/2 Cup Rosemary Dinner Roll 1 Ea - Margarine 1 Ea Caramel Apple Upside Down Cake 1 Square	Swedish Meatballs 3 Ea Chicken Tenders 2 Ea - Honey Mustard 1 Ea Roasted Beets 1/2 Cup Seasoned Whole Kernel Corn (veg) 1/2 Cup Duchess Mashed Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pumpkin Pie 1 Sl	Honey Garlic Shrimp 3/8 Cup Salisbury Steak 3 Oz - Brown Gravy 2 Oz Tossed Salad w/Dressing 1 Cup Sliced Carrots 1/2 Cup Rice Pilaf 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Vanilla Ice Cream 1 Ea	Kielbasa Sausage 1 Ea Seasoned Chicken Breast 3 Oz Braised Cabbage 1/2 Cup Broccoli Florets 1/2 Cup Brown Sugar Baked Beans 1/2 Cup Yellow Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Maple Apple Crisp 1/2 Cup
Dinner:Regular						
Grilled Two Cheese Sandwich 1 Sandwich Hamburger Steak 3 Oz - Brown Gravy 2 Oz Calico Coleslaw 1/2 Cup Green Beans 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Buttered Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Tomato Soup 6 Oz - Saltine Crackers 1 Pkt Chilled Pears 1/2 Cup	Herb & Lemon Fish Fillet 3 Oz Meatballs w/Gravy 3 Ea Country Vegetable Blend 1/2 Cup Green Peas 1/2 Cup Baked Potato 1 Ea - Sour Cream 1 Pkt - Margarine 1 Ea Parsley Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup	Baked Ziti w/Italian Sausage 1 Cup Egg Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Caesar Salad 1 Cup Pickled Beets & Onion Salad 1/2 Cup Potato Chips 1 Oz Garlic Bread 1 Ea Lemon Bar 1 Bar	Sweet & Sour Pork 3/8 Cup Marinated Chicken Thigh 1 Ea Green Peas 1/2 Cup Broccoli Florets 1/2 Cup Yellow Rice 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Mandarin Oranges 1/2 Cup	Cheese Ravioli w/Marinara Sauce 1 Cup Turkey Burger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Ketchup 1 Pkt - Pickle Spear 1 Spear Balsamic & Parmesan Roasted Cauliflower 1/2 Cup Capri Vegetable Blend 1/2 Cup Potato Chips 1 Oz Breadstick 1 Ea - Margarine 1 Ea Pineapple Tidbits 1/2 Cup	Chicken, Bacon & Ranch Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Thin Crust Cheese Pizza 1 Pc Confetti Coleslaw 1/2 Cup Marinated Green Bean Salad 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt Dinner Roll/Bread 1 Ea - Margarine 1 Ea Tropical Fruit Salad 1/2 Cup	Philly Cheesesteak Sandwich 1 Sandwich - Sauteed Peppers & Onions. 1/4 Cup Breaded Pollock Fish Fillet on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Marinated Cucumber & Onion Salad 1/2 Cup Country Vegetable Blend 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Steamed Rice 1/2 Cup Double Chocolate Brownie 1 Square

MERIDEN NURSING & REHAB #56003 (HSG)

Week-At-A-Glance

hcsq2northern2021-22 Week 4

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs 1/4 Cup Glazed Cinnamon Roll 1 Ea	Biscuit 1 Ea - Sausage Gravy 3 Oz Hashbrown 1/2 Cup	Scrambled Eggs w/Cheese 1/4 Cup Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea	Apple Cinnamon French Toast Bake 1 Srv - Margarine 1 Ea - Syrup 1 Ea Bacon 2 Sl	Scrambled Eggs 1/4 Cup Breakfast Ham 1 Oz English Muffin 1 Ea - Margarine 1 Ea - Jelly 1 Ea	Egg & Hashbrown Bake 1 Square Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea
Lunch:Regular						
Braised Beef Round Roast 3 Oz - Brown Gravy 2 Oz Garlic Baked Pork Chop 3 Oz Honey Roasted Carrots 1/2 Cup Seasoned Beets 1/2 Cup Garlic Roasted Red Skin Potatoes 1/2 Cup Parmesan Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peach Parfait 1/2 Cup	Encrusted Pork Loin 3 Oz Vegetable Quiche 1 Sl Roasted Brussels Sprouts 1/2 Cup Seasoned Green Peas 1/2 Cup Bread Dressing 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Orange Sherbet 1 Ea	Mediterranean Baked Fish Fillet 3 Oz BBQ Chicken Breast 3 Oz Sauteed Spinach w/Garlic 1/2 Cup Braised Cabbage 1/2 Cup Rice Pilaf 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Harvest Baked Apples 1/2 Cup	Maple Dijon Chicken Thigh 1 Ea Meatballs w/Gravy 3 Ea Herbed Green Beans 1/2 Cup Baked Potato 1 Ea - Margarine 1 Ea - Sour Cream 1 Pkt Parsley Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pear Crisp 1/2 Cup	Lasagna w/Meatsauce 1 Square Egg Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Caesar Salad 1 Cup Pickled Beets Salad 1/2 Cup Potato Chips 1 Oz Garlic Bread 1 Ea Chocolate Chip Cake w/White Frosting 1 Square	Breaded Pollock Fish Fillet 3 Oz - Tartar Sauce 1 Pkt Sage Herbed Pork Chop 3 Oz Stewed Tomatoes 1/2 Cup Sliced Carrots 1/2 Cup Cheesy Mashed Potatoes 1/2 Cup White Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup	Braised Pork Tips 3/8 Cup Hamburger Steak w/Grilled Onions 3 Oz - Brown Gravy 2 Oz Broccoli Florets 1/2 Cup Green Peas 1/2 Cup Yellow Rice 1/2 Cup Mashed Potatoes 1/2 Cup Parsley Dinner Roll 1 Ea - Margarine 1 Ea Dutch Apple Pie w/Crumb Topping 1 Sl
Dinner:Regular						
Chicken Tenders 2 Ea - Honey Mustard 1 Ea Tuna Melt Sandwich 1 Sandwich Green Beans 1/2 Cup Calico Coleslaw 1/2 Cup Macaroni & Cheese 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Chip Cookie 1 Ea	Open-Faced Hot Turkey Sandwich 1 Sandwich - Poultry Gravy 2 Oz Salisbury Steak 3 Oz - Brown Gravy 2 Oz Whole Kernel Corn (veg) 1/2 Cup Capri Vegetable Blend 1/2 Cup Mashed Potatoes 1/2 Cup Herbed Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup	Homestyle Meatloaf w/Ketchup Glaze 4 Oz Kielbasa Sausage 1 Ea Winter Vegetable Blend 1/2 Cup Green Peas 1/2 Cup Au Gratin Potatoes 1/2 Cup Herbed Noodles 1/2 Cup Rosemary Dinner Roll 1 Ea - Margarine 1 Ea Pumpkin Cheesecake Bar 1 Bar	Ham & Cheese Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate - Mayonnaise 1 Pkt Turkey Burger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Pickle Spear 1 Spear - Mayonnaise 1 Pkt Marinated Cucumber & Onion Salad 1/2 Cup Confetti Coleslaw 1/2 Cup Potato Chips 1 Oz Macaroni Salad 1/2 Cup Minestrone Soup 6 Oz - Saltine Crackers 1 Pkt Butterscotch Pudding Parfait 1/2 Cup	Fried Chicken 3 Oz Smothered Steak 3 Oz Country Vegetable Blend 1/2 Cup Broccoli Florets 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Mandarin Oranges 1/2 Cup	Thin Crust Cheese Pizza 1 Pc Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Marinated Cauliflower Salad 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Garlic Potato Wedges 1/2 Cup Parmesan Breadstick 1 Ea Peanut Butter Brownie 1 Square	BBQ Pulled Chicken Sandwich 1 Sandwich Italian Sausage 1 Ea Dixie Coleslaw 1/2 Cup Sauteed Spinach 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Tidbits 1/2 Cup